

The Berkley Times

Activities, Trips, and Programs for Seniors

January – February



**The “March – April Berkley Times” will be available
Monday, February 16! Keep an eye out!**

Berkley Parks and Recreation | 2400 Robina, Berkley, MI 48072 | 248-658-3470

New & Noteworthy

Medical Loan Closet: The Berkley Community Center has a collection of second-hand medical equipment that is available to loan to anyone in need. Walkers, wheelchairs, canes, shower chairs, crutches, commodes, etc. are included. Contact us to see if equipment you need is available. We accept donations for certain items depending on how much storage we have at the time.

Cologne and Perfume: If you are going on one of our trips, or attending one of our programs/classes, we kindly ask that you be conscious of the amount of cologne/perfume you wear. Scent sensitivity is quite common. We appreciate you working with us.

Weekly Senior Hangouts, Fitness, and Dancing

Thursday Senior Hangout: You can come to the Berkley Community Center every Thursday from 11:00am to 1:00pm to enjoy coffee, pastries, puzzles, crafts, cards, and chit-chat! Transportation to and from Oxford Park Towers provided, be sure to let staff know if you need a ride. See calendar for any cancelations.

We encourage you to come by! It's free, so come hang!



Monday Senior Mix Workout with Pamela: This class improves your dance, workout and stretching skills, and is a great way to incorporate different elements like weight lifting, mat exercise and dance routines. Get ready for a good workout that will help you get stronger and work on your coordination. All levels welcome.

Every Monday from 10:00am - 11:00am, \$5 per drop-in. See calendar for any cancelations.

Tuesday and Friday Senior Fitness with Pamela: This class will improve circulation through range of motion, building strength balance, flexibility and coordination.

Every Tuesday and Friday from 9:30am - 10:30am, \$3 drop-in or \$25 for 10 classes! See calendar for any cancelations.

Fit as a Fiddle Monthly Challenge: For each Senior exercise class you attend during the month (Monday, Tuesday OR Friday), your name will be added to a raffle. The MORE classes you attend, the greater chance you have to WIN! A winner will be announced at the end of each month and receive a prize. Let's continue to reward your dedication to an active healthy lifestyle TOGETHER at the Berkley Community Center.

Tom Katz Square Dancing: No experience required, couples and singles welcome! First lesson is FREE! \$7 a lesson after that. Have fun, laugh, make friends, get lots of exercise, reduce stress, improve memory skills, and dance to great music! Lessons are offered at the Berkley Community Center on Mondays from 1pm - 3pm (Beginner) and 3pm - 4pm (Plus) and Wednesdays from 7pm - 9pm (Beginner and Plus). Monthly Friday night themed dances, too! Dress is casual for lessons. Visit tomkatz.net for more information.

AARP Tax-Aide Important Information

By Appointment Only: To make an appointment, please call the Berkley Community Center beginning January 5, 2026 at 248-658-3470.

Appointments will take place at 2400 Robina Avenue, Berkley MI 48072 on these dates:

- Thursdays starting February 5, 2026 through April 9, 2026
- Mondays starting February 9, 2026 through April 13, 2026 (NEW FOR THIS YEAR!)
- CLOSED for Taxes on these dates: February 16, 2026, February 19, 2026 and April 2, 2026.

IMPORTANT: You need to come to the Berkley Community Center (2400 Robina Avenue) to pick up your tax packet before your appointment date. This packet provides information on what to bring to your appointment and includes paperwork that has to be filled out ahead of time.

- See the envelope instructions AND the Intake/Interview Form included in the packet.
- You **MUST** complete the Intake/Interview Form before your appointment.

What to bring to your appointment:

- Social Security cards and/or Individual Taxpayer Identification Number notices/cards for every individual on your return (may be a picture on your phone).
- Government-issued photo ID for you (and your spouse if Married Filing Jointly).
- Your tax return from last year as well as any previous years if you are working on multiple years. If you have multiple years, **you must reserve a separate appointment for each year.**
- Your completed Tax Aide Intake Packet including the Intake/Interview Form.
- Proof of checking or savings routing and account numbers (such as a voided check) if you want to direct-deposit any refund(s) or direct-debit any amounts due. **Note: Direct Deposit is the safest, quickest way to receive your refund. Payments will take an additional 6 weeks or longer for refunds sent by mail due to new IRS policies.**
- All tax correspondence received from the IRS, the State of Michigan and your local city.
- Identity Protection Pin (IP Pin) if anyone on your return has been issued one by the IRS. If you have, you should receive a new 6-digit PIN each year from the IRS.

You will also want to bring:

- All your normal income tax documents -- W-2 forms, all 1099 forms (e.g. SSA-1099 Social Security, 1099-NEC, 1099-G Unemployment Compensation or state/local income tax refunds, 1099-INT Interest, 1099-DIV Dividends, 1099-R forms for pensions, annuities or IRA distributions, 1099-MISC, 1099-K), brokerage statements, gambling winnings, etc.
- Affordable Health Care Statement Form 1095-A (Obamacare).
- Both Summer and Winter Property Tax statements showing taxes assessed for 2025.
- Records of any estimated tax payments.
- Most people use the standard deduction and do not itemize. If you think you may be able to itemize, bring documentation to support your expenses. Items that may qualify for itemized deduction include medical expenses, gifts to charity, state/local taxes, mortgage interest. **Note: in order to itemize your deductions, they must total more than the standard deduction for your filing status.**
- Check your last tax return and make certain that you either have a tax form from every organization from which you received one in the prior year, or know why you do not have that form this year.
- This list may not include everything you need and you may not have all of these items.

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Articipate Workshops *NEW

Exciting news! We are working with Articipate to provide a variety of art workshops at a senior rate! Each workshop is separate from one another, with its own artistic theme. ***What better way to get creative than in an art studio with all of the resources and supplies?!***

Transportation will be provided from Oxford Park Towers AND the Community Center to Articipate (***please inform staff if you will be taking our transportation or driving yourself***).

"Articipate is a storefront art studio established in Berkley 12 years ago. We promote art by teaching classes, workshops, summer art camps and art parties. Our walls are continuously filled with art by local artists expressions on several themes throughout the year." – Deborah Kobayashi, owner of Articipate.

All information for each workshop is listed below.

Workshop #1 – Woven Watercolors (1/14/26)

You'll get to experience watercolor fluidity, and have a surprising outcome

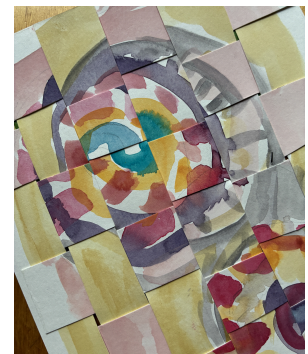
Date: Wednesday, January 14 (10:00am – 12:00pm)

Cost: \$40

Spots available: 16

Bus: 9:30am – Oxford Park Towers

9:45am – Berkley Community Center



Workshop #2 – Alcohol Inks, Enhanced (1/29/26)

Alcohol Inks are brilliant, expanding colors that bend themselves into organic shapes. We'll enhance the images with micron ink pens.

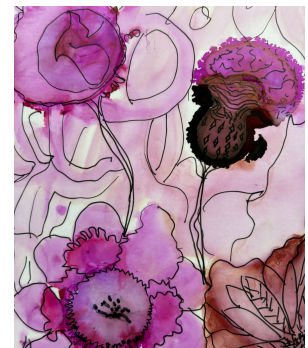
Date: Thursday, January 29 (10:00am – 12:00pm)

Cost: \$40

Spots available: 16

Bus: 9:30am – Oxford Park Towers

9:45am – Berkley Community Center



Workshop #3 – Collage (2/11/26)

Pretty papers and magazine text or photos can be arranged and pasted to create a pleasing composition. Or, you may choose to use colorful mat board chips in patterns to make a faux mosaic piece.

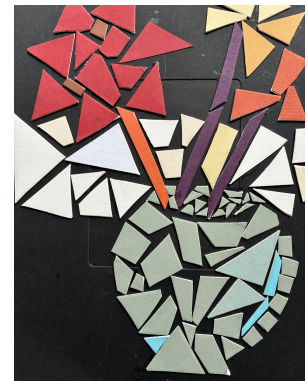
Date: Wednesday, February 11 (10:00am – 12:00pm)

Cost: \$40

Spots available: 16

Bus: 9:30am – Oxford Park Towers

9:45am – Berkley Community Center



Workshop #4 – Art Build (2/26/26)

Have fun building art! Using wood, cardboard, wire, glue-guns and more... create a 3-D animal or a freestyle sculpture. (example not pictured)

Date: Thursday, February 26 (10:00am – 12:00pm)

Cost: \$40

Spots available: 16

Bus: 9:30am – Oxford Park Towers

9:45am – Berkley Community Center

"All Shook Up" at Meadow Brook Theatre

This crowd-pleasing musical is inspired by and featuring the songs of Elvis Presley. It's 1955, and into a square little town in a square little state rides a guitar-playing young man who changes everything and everyone he meets in his hip-swiveling, lip-curling musical fantasy that'll have you jumpin' out of your blue suede shoes with such classics as "Heartbreak Hotel", "Jailhouse Rock," and "Don't Be Cruel".

We will go to lunch at Kruse and Muer before leaving for the show.

All Shook Up at Meadow Brook Theatre, 2pm showtime

Lunch at Kruse & Muer at 11:30am

Date: Wednesday, January 28

Cost: \$105, lunch is included

Spots available: 13

Bus: 10:45 - Oxford Park Towers

11:00am - Berkley Community Center



Detroit Opera House Tour and Lunch



Detroit Opera House Tour, 10:30am

Lunch at Buddy's after the tour

Date: Wednesday, January 21

Cost: \$35, lunch included

Spots available: 13

Bus: 9:30am - OPT

9:45am - BCC

When Registering: tell staff your preferred pizza toppings and salad choice.

Join us for a private tour of the magnificently restored Detroit Opera House and learn about its renowned history with a seasoned tour guide. Featuring the largest stage in Michigan, the Detroit Opera House produces grand operas and presents classical dance, pop concerts, Broadway shows, and much more! Group tours offer a rewarding and educational experience, often including backstage areas not accessible to the public. **Stairs can be avoided by taking the elevators and there are several spots along the tour route where guests can sit down.**

The tour will go for about 60 minutes, and at the end we will be given 15 minutes to use the restrooms and take a group photo by the Grand Staircase. **NOTE from Josie - yes, the group photo is required. Thank you.**

After the tour, we will all have lunch at Buddies down the street, lunch is included in price.

Senior and Me Valentine's Day Craft *NEW

Similar to "Grandparent and Me" crafts, join us for a special "Senior and Me" Valentine's Day Craft at the Berkley Community Center! Bring your "mini" (grandchild, grand-niece/nephew, family-friend, etc. as long as they are accompanied by you, their Senior) and let's get together to create forever memories.

Get your picture taken in front of a Valentine's themed backdrop by Berkley Parks and Recreation Staff and create a Valentine's themed picture frame! Photos will be printed in time for everyone to take home and place in their frame once dried. **NOTE: some picture frames may not dry all the way, whether it's undried glue or paint, staff will have to-go boxes available in effort to decrease the risk of getting paint or glue anywhere on your way home.**

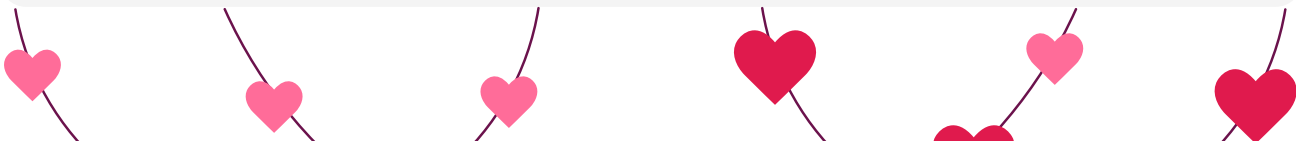
We will provide popsicle sticks to make the frame (there will be some frames pre-made for those who need it), glitter glue, puffy paint, acrylic paint pens, buttons, and more to decorate your special frame. Instructions and a visual will be provided.

Date: Wednesday, February 4 at the Community Center from 9:30am - 11:00am

Cost: \$5 per pair, inquire with staff if you are bringing more than one "mini"

Spots available: 20

Bus: Transportation *will not* be provided. BUT for those with absolutely no other means of transportation, call the Community Center to see if there is something we can do within our transportation regulations.



Senior Dental Q&A Session

A special Dental Q&A Session designed just for our Senior Community with Today's Smile Center and Dr. Sherin John. Join us for a warm, informative conversation!

- Bring ALL your questions — especially about your dental insurance benefits for the new year!
- Receive assistance in understanding what's covered, what's changing, and how to make the most of your 2026 benefits.
- Learn and connect with neighbors in a friendly, supportive setting.
- Take home a FREE oral hygiene kit to keep your smile healthy all year long.

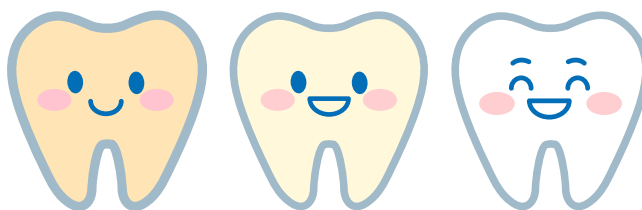
Dr. Sherin John and her team will be there to guide you, answer questions, and make dental care feel simple and accessible.

Date: Monday, February 2, at the Berkley Community Center from 11am - 12:30pm

Cost: Free

Transportation provided from Oxford Park Towers and residents of Berkley upon request.

Light snacks and beverages will be provided. Register beforehand. We hope to see you there!



Lunch Bunch

Cornbread – Southfield

Date: Monday, January 26
Cost: \$10, lunch is on your own
Spots available: 13
Bus: **11:00am** – Oxford Park Towers
11:15am – Berkley Community Center

Golden Corral – Sterling Heights

Date: Monday, February 23
Cost: \$10, lunch is on your own
Spots available: 13
Bus: **10:30am** – Oxford Park Towers
10:45am – Berkley Community Center

Being kind to servers and tipping appropriately is expected of all who attend Senior Trips with the Berkley Community Center. Thank you.



Casino Trips *New

Hollywood Casino at Greektown

Date: Monday, January 12
Cost: \$15
Spots available: 13 each trip
First Trip Bus Schedule *new departure time*
8:45am – Oxford Park Towers
9:00am – Berkley Community Center
OVERFLOW / 2nd Trip Bus Schedule
10:00am – Oxford Park Towers
10:15am – Berkley Community Center

MGM Casino

Date: Monday, February 9
Cost: \$15
Spots available: 13 each trip
First Trip Bus Schedule *new departure time*
8:45am – Oxford Park Towers
9:00am – Berkley Community Center
OVERFLOW / 2nd Trip Bus Schedule
10:00am – Oxford Park Towers
10:15am – Berkley Community Center

Senior Trivia

Trivia Thursday

Date: Thursday, January 22
Time: 12:30pm – 2:30pm
Cost: \$15

Bus: 12:00pm – 12:15pm – Oxford Park Towers

MUST REGISTER BY JAN. 15 FOR CATERING PURPOSES!
Thank you!



Come test your knowledge!
Multiple rounds of questions, bonus rounds, and a whole lot of fun. Lunch will be provided.

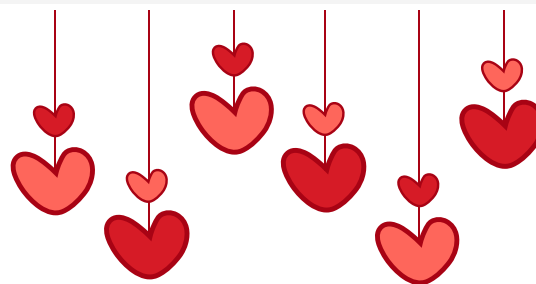
Senior Bingo

Valentine's Bingo Bash

Date: Friday, February 13
Time: 12:30pm – 2:30pm
Cost: \$15

Bus: 12:00pm – 12:15pm – Oxford Park Towers

MUST REGISTER BY FEB. 6 FOR CATERING PURPOSES!
Thank you!



Includes two bingo cards! Additional cards can be purchased for \$0.50. Lunch will be provided.

Senior Van Transportation Rules & Regulations

Welcome to the Berkley Transportation Service. We look forward to assisting you with all of your transportation needs. Reservations can be made for trips to the doctor, salons, shopping centers and more.

General Information

- Senior Van Transportation is available for Berkley residents who are over the age of 50, retired or semi-retired. All vehicles are equipped with wheelchair lifts for anyone in need.
- A suggested donation of \$3 for one-way trips or \$5 for round trips is recommended.
- Transportation is available Monday through Friday between 8:30am and 4:00pm unless otherwise stated.

All rides must be completed by 4:00pm

How to make a van reservation:

- Call Parks and Recreation at 248-658-3470 and ask for transportation.
Reservations: Monday through Friday between the hours of 9:00am & 12:00pm.
Requests will not be accepted at any other time.
- Please be prepared to provide your name, address and the address of where you will need to be dropped off.
- Please indicate if you need special assistance like if you are using a walker or are in a wheelchair.
- Reservations need to be made at least two days in advance but can be made months in advance if you have all necessary information.

Meijer Trip Information

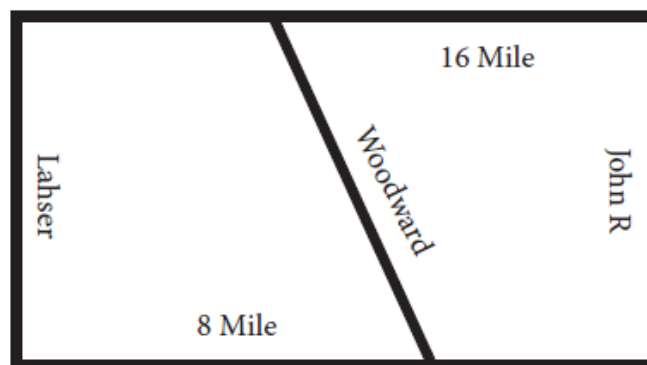
Resident Meijer Trip: 8:30am Tuesdays

Oxford Park Resident Meijer Trips 10:00am Thursdays & 9:00am Fridays

Grocery shopping is limited to what a passenger can carry in one trip or in a personal pull cart. Drivers are not permitted to carry groceries into homes.

No changes other than cancellations, will be made on the day of transportation. Additions will not be accepted. Please do not ask the driver to alter the schedule.

All reservations, cancellations, and changes to existing rides need to be made by calling the Parks and Recreation Department at 248-658-3470



DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SENIOR MIX WORKOUT 10AM - 11AM LUNCH BUNCH TRIP RUSTY BUCKET 10:45AM DEPART TK SQUARE DANCING 1PM - 4PM	2 SENIOR EXERCISE 9:30AM - 10:30AM	3 NORMA AND WANDA PURPLE ROSE THEATRE 11:15AM DEPART TK SQUARE DANCING 7:15PM - 8:45PM	4 SENIOR HANGOUT 11AM - 1PM	5 SENIOR EXERCISE 9:30AM - 10:30AM HOLIDAY BINGO BASH 12:30PM - 2:30PM
8 MGM CASINO 9AM DEPART, 1 ST TRIP 10:15AM DEPART, 2 ND TRIP SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	9 SENIOR EXERCISE 9:30AM - 10:30AM	10 TK SQUARE DANCING 7:15PM - 8:45PM	11 SENIOR HANGOUT 11AM - 1PM	12 SENIOR EXERCISE CANCELLED SENIOR HOLIDAY PARTY 11:15AM DEPART
15 SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	16 SENIOR EXERCISE 9:30AM - 10:30AM BERKLEY NEIGHBORHOOD HOLIDAY LIGHTS SHUTTLE 5:30PM - 7:30PM	17 TK SQUARE DANCING 7:15PM - 8:45PM	18 SENIOR HANGOUT 11AM - 1PM	19 SENIOR EXERCISE 9:30AM - 10:30AM TK MONTHLY SQUARE DANCE 7:00PM - 9:30PM
22 SENIOR MIX WORKOUT CANCELLED SEE YOU IN JANUARY	23 SENIOR EXERCISE CANCELLED SEE YOU IN JANUARY	24 BUILDING CLOSED	25 BUILDING CLOSED	26 SENIOR EXERCISE CANCELLED SEE YOU IN JANUARY
29 SENIOR MIX WORKOUT CANCELLED SEE YOU IN JANUARY	30 SENIOR EXERCISE CANCELLED SEE YOU IN JANUARY	31 BUILDING CLOSED	2 BUILDING CLOSED	3 BUILDING CLOSED
6	7	8	9	10
THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!		PLEASE CHECK INSIDE THE BERKLEY TIMES FOR MORE INFORMATION ON THE LISTED ACTIVITIES, TRIPS, AND PROGRAMS LISTED ON THE CALENDAR.		

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BUILDING CLOSED	2
29	30	31		
5	6	7	8	9
TK SQUARE DANCING 1PM – 4PM		TK SQUARE DANCING 7:15PM – 8:45PM	SENIOR HANGOUT 11AM – 1PM	
12	13	14	15	16
HOLLYWOOD/GREKTOWN CASINO 9AM DEPART, 1 ST TRIP 10:15AM DEPART, 2 ND TRIP SENIOR MIX WORKOUT 10AM – 11AM TK SQUARE DANCING 1PM – 4PM	SENIOR EXERCISE 9:30AM – 10:30AM	ARTICIPATE WORKSHOP #1 “WOVEN WATERCOLORS” 10AM-12PM, 9:45AM DEPART TK SQUARE DANCING 7:15PM – 8:45PM	SENIOR HANGOUT 11AM – 1PM	SENIOR EXERCISE 9:30AM – 10:30AM
19	20	21	22	23
BUILDING CLOSED	SENIOR EXERCISE 9:30AM – 10:30AM	DETROIT OPERA HOUSE TOUR BUDDIES FOR LUNCH 9:45AM DEPARTURE TK SQUARE DANCING 7:15PM – 8:45PM	SENIOR HANGOUT CANCELLED TRIVIA THURSDAY 12:30PM – 2:30PM	SENIOR EXERCISE 9:30AM – 10:30AM
26	27	28	29	30
LUNCH BUNCH TRIP CORNBREAD 11:15AM DEPART SENIOR MIX WORKOUT 10AM – 11AM TK SQUARE DANCING 1PM – 4PM	SENIOR EXERCISE 9:30AM – 10:30AM	ALL SHOOK UP MEADOW BROOK THEATRE 11:00AM DEPART? TK SQUARE DANCING 7:15PM – 8:45PM	ARTICIPATE WORKSHOP #2 “ALCOHOL INKS, ENHANCED” 10AM-12PM, 9:45AM DEPART SENIOR HANGOUT 11AM – 1PM	SENIOR EXERCISE 9:30AM – 10:30AM
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FEBRUARY 2026

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	SENIOR DENTAL Q&A SESSION 11AM-12:30PM, 10:45AM DEPART SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	3	4	5	6
9	MGM CASINO 9AM DEPART, 1 ST TRIP 10:15AM DEPART, 2 ND TRIP AARP TAX-AIDE APPT ONLY SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	10	11	12	13
16	BUILDING CLOSED	17	18	19	20
23	LUNCH BUNCH TRIP GOLDEN CORRAL 10:45AM DEPART AARP TAX-AIDE APPT ONLY SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	24	25	26	27
2		3	4	5	6
9					

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER,
SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

PLEASE CHECK INSIDE THE BERKLEY TIMES FOR MORE INFORMATION ON THE
LISTED ACTIVITIES, TRIPS, AND PROGRAMS LISTED ON THE CALENDAR.



Parks and Recreation
2400 Robina Avenue
Berkley, MI 48072
berkleymi.gov

Parks and Recreation Staff

<u>Parks and Recreation Superintendent:</u>	Dan McMinn
<u>Senior Program Manager:</u>	Josie Modrack
<u>Event and Communications Specialist:</u>	Amanda Slusarski
<u>Recreation Program Manager:</u>	Bobby Green
<u>Front Desk Clerk:</u>	Josh Boal

Berkley City Council

Mayor: Bridget Dean
Council Members:
Steven Baker
Clarence Black
Gary Elrod
Ross Gavin
Dennis Hennen
Greg Patterson